

FREE MEALS in Greater Newburyport Area		
Monday	Among Friends at St. Paul's Church 166 High St., Newburyport Tel: 978-465-5351 Call for delivery by Noon	Takeout and delivery of dinner from 5:00 pm - 6:00 pm
	Annunciation Greek Orthodox Church 7 Harris St, Newburyport Tel: 978-2706089	Take out Lunch from 11:30 am to 12:30 pm
Tuesday	Among Friends at St. Paul's Church 166 High St., Newburyport Tel: 978-465-5351 Call for delivery	Takeout and delivery of lunch from 11:00am - 12:30pm
	Immaculate Conception Church St Louis Hall 42 Green Street, Newburyport Tel: 978-462-2724	Takeout dinner from 4:30 pm - 5:30 pm.
Wednesday	The Salvation Army 40 Water St., Newburyport Tel: 978-465-0883	Takeout lunch from 11:00 am – 11:30 am
	Our Neighbors' Table at Main St Congregational Church. 145 Main St., Amesbury Tel: 978-388-1907	Table service or takeout dinner from 4:00 pm - 6:00 pm
Thursday	The Salvation Army 40 Water St., Newburyport Tel: 978-465-0883	Takeout dinner from 5:00 - 5:30 pm at parking lot door.
Friday	Among Friends at St. Paul's Church 166 High St., Newburyport Tel: 978-465-5351 Call For delivery call	Takeout and delivery of lunch from 11:00 am - 12:30 pm
Saturday	Central Congregational Church 14 Titcomb St., Newburyport Tel: 978-465-0533	Takeout breakfast from 8:00 am - 10:00 am
Sunday	Old South Presbyterian Church 29 Federal Street, Newburyport Tel: 978-465-9666	Takeout lunch from 11:30 -12:30pm

Meals on Wheels - For homebound individuals aged 60⁺ or qualified adults with disabilities, Meals on Wheels is available. Sign up through Elder Services of Merrimac Valley at **800-892-0890**.